

CELEBRATE MOMS!



Date: Saturday
May 10th, 2008 (day
before Mother's
Day)

Time: 11:00am –
1:00pm

Place: 40 Walnut St.
Mechanicsburg
(St. Michael's Hall)

~Presented by Gentle Care Health Center

Ellen C. Spinner, Women's Health Nurse Practitioner
Christina Schiemann, Family Practice Nurse Practitioner

Treat someone you love to this special event honoring motherhood.

~Features include:

- Women's Health lecture ("Body, Mind, Spirit, Wellness")
- Vendor fair (including Silpada, Arbonne, and others)
- Massage therapy mini-sessions
- "How to Make Your Best First Impression" session
- Light refreshments

~No reservations required

~Only \$5 fee per person, collected at the door

This is a not-for-profit event. All proceeds will be donated to "Angel Food Ministry" (a community food co-op) and Mechanicsburg "Forever Friends" Relay for Life Team.